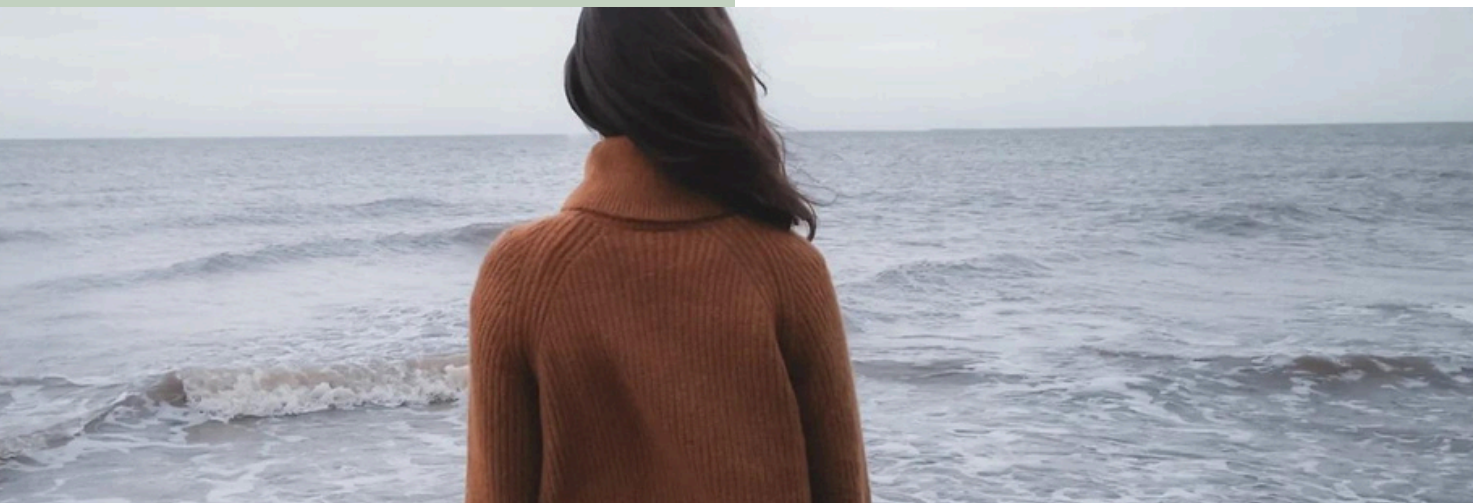




Lego Groups

Groups for 5 - 10 years
who experience challenges building
friendships, interacting with peers and
working as a team.
Contact us for more information



CONTACT US

Phone and Email Addresses:

Ph: 0452 526 463

Fax: (03) 9957 8163

Administrative enquiries
and referrals:

reception@mindandseek.com.au

409B Buckley Street

Aberfeldie. VIC, 3040

reception@mindandseek.com.au

Shop 1/57 Thomson Street

Belmont, VIC, 3216

belmont@mindandseek.com.au

Mind
& Seek



Consulting Locations:

**409B Buckley Street
Aberfeldie. VIC, 3040**

**Shop 1/57 Thomson Street
Belmont, VIC, 3216**

**Ph: 0452 526 463
reception@mindandseek.com.au**

ABOUT US

Our team at Mind & Seek are passionate about tailoring therapy to your child's developmental level. From pre-schoolers to teenagers, our psychologists present therapies to young people in imaginative and non-threatening ways to help create a safe place for self-expression.

Our psychologists also have a strong interest in helping children not only overcome personal challenges and adversity, but also in learning how to achieve their full potential. Our assessment services help families and schools better understand children's individual learning needs.

We can help children, adolescents and their parents with:

- Anxiety and Stress
- Depression
- Bullying and friendship issues
- Self-esteem issues
- Assertiveness training
- School transition
- Social connection
- Grief and loss
- Neurodiverse affirming approaches

Wait times for our psychologists vary. We carefully match your child or teen's presenting concerns with the psychologist we believe will be the best fit. Please join our waitlist and we will be in touch as soon as possible.

www.mindandseek.com.au

OUR BUSINESS

Services

Counselling
Cognitive Assessments
Educational Assessments
Child Autism Assessments
Adult Autism Assessments
Virtual Therapy Rooms
Lego Therapy Groups

Creator

Mind & Seek was developed by clinical psychologist and director, Dr Chaille Breuer, and is a child and adolescent psychology service offering assessment and counselling to young people and their families.

Wait List

Appointments available for Term 2 2025.

Call us on 0452 526 463 to book now or join our Waitlist via our website.

www.mindandseek.com.au/waitlist

